WOODEND NEIGHBOURHOOD HOUSE		<b>TERM 1</b> 28TH JANUARY - 4TH APRIL 2025				
	9 47 Forest Street, Woodend () woodendnh.org.au () reception@woodendnh.org.au () 5427 1845 🗗 ()					
	COMMUNITY CONNECTIONS					
	SOCIAL CRAFT GROUP	REPAIR CAFE	BIKE SHED donation welcome	CHATTY CAFE	COMMUNITY LUNCH	
	Enjoy the company of like-minded creative people at our weekly social craft group	Visit our volunteers in the Undercroft to mend household items and clothes.	Drop in to the Bike Shed for basic bike maintenance and skill sharing.	Pop in for a cuppa and good chat at our regular get together.	Join us for a delicious two course lunch. Bookings essential.	
	Weds 10am - 12pm	Sat 1 Feb 9am - 1pm Sat 1 Mar 9am - 1pm Sat 5 Apr 9am - 1pm	Fortnightly on Thursdays 4pm - 5.30pm	Tues 28 Jan 10-11.30am Tues 25 Feb 10-11.30am Tues 25 Mar 10-11.30am	Tues 18 Feb12noonTues 18 Mar12noonTues 15 Apr12noon	
	WOODEND WALKERS	NEWHAM WALKERS WITH DOGS	CYCLING GROUP	WOODEND SENIORS GROUP	COMMUNITY BAGS	
	Meet at the house and	Explore local trails on	This group is for riders	The Woodend Seniors	Help us sew, cut, pin,	
	walk at two paces -	walks of 4-5km. Dogs	of all abilities. The	meet twice a week in	bundle and iron the	
	medium and leisurely. The session concludes	not essential but an	group tends to avoid	the Undercroft and go	fabulous Woodend	
	with coffee.	appreciation of dogs is a must!	main roads and may split into two groups.	on regular bus trips.	Community Bags.	
	Tuesdays 10am	Tuesdays 9am	Mon & Thurs 10 groups.	Tue: Button Bingo 1-3pm	Thursdays 9am-12pm	

## WELLBEING FOR BODY AND MIND



Mon (Sarah) Wed (Chitra)



for meditative state of mind. Sun 5 Jan, Sun 23 Feb Sun 23 Mar 1:30pm - 4pm

Sun 9 Feb, Sun 16 Mar

5pm onwards

WHOLE TOWN GARAGE SALE

Sellers get on the map for \$10 **Registrations close** on Wednesday 26th February at midnight

Had a clear out? Love a bargain? This event is for you! Saturday March 2025

Shoppers buy a map for \$5 from 8am on Sat 1st March from the Woodend Neighbourhood House







Sun 20 April

# **CHILDREN & YOUTH**

The Macedon Ranges Youth Team

Space for youth aged 12-17.

host the fortnightly Woodend Youth

HOBBIES

#### BENDY BUDDIES YOGA

Bendy Buddies Yoga is a joyful and playful yoga adventure designed for preschool kids. Free Session on 11th February.

11 Feb- 1 Apr 11 Feb- 1 Apr

9.30-10am (2-3 years) 10.30-11am (4-5 years)

Tues 4 & 18 Feb Tues 4 & 18 March Tues 1 April

WOODEND YOUTH SPACE







Join Penelope for some creative fun as together you sketch, weave, print, paint and draw with like minded individuals

Wed 5 Feb until 2pm-3pm (2-5 years) Wed 25 March 3.45pm-5pm (Prep to Gr 6)

### **BOARD GAME GATHERING**



Enjoy a board game? Why not join the Woodend Board Game Gathering? The group meet on the fourth Sunday of the month in the Undercroft. All welcome.

Sun 26 Jan, 23 Feb, 23 March 2pm - 5pm and calculation and involves a degree

MAHJONG

of chance. The game is played with a set of tiles based on Chinese characters and symbols. Tues 14 Jan - 1 April 12.30pm - 3pm



4pm-5.30pm

### SOCIAL GARDEN CLUB

FREE

Do you enjoy gardening?

We'd love to start a social group.

Get in touch to register your interest.

# SUPPORT & SERVICES

#### **OFFICE SERVICES &** varies **COMPUTER HIRE**

Printing, photocopying, scanning and laminating, as well as access to the internet or help completing forms

#### RECYCLING

Bring in bread tags, batteries, bottle tops, mobile phones or other small e-waste. Located outdoors to the left of the House - accessible anytime.



**IT HELP SESSIONS** FREE

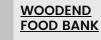
Make a time to meet our friendly volunteer for help with your computer, tablet or phone.

Wednesdays 1pm - 3pm

FREE



Join the worldwide book sharing movement and find your next read. Both adult and children's books available.



Everyone is welcome to access food and household items. Find us in the

Undercroft. Mondays 12.30pm-2.30pm Thursdáys 12.30pm-2.30pm

#### **OUR VILLAGE DROP-OFF POINT**

Drop off point for Our Village (previously St Kilda Mums). Contact us for date of next pick up.



FREE

#### AA MEETINGS



Going to an AA meeting is simple. You just turn up. There's no signing in and no appointment to make.

7pm - 8pm



Fridays



Reduce waste and save money with our reusable party kits, including plates, bowls, cutlery, cups and more. Bookings essential.

# TRAINING FOR WORK OR VOLUNTEERING

### **PROVIDE FIRST AID**

\$142

9am-3.30pm

\$450

HLTAID011 help you prepare for first aid situations. Book through ITS Training www.its.vic.edu.au or 1300 585 866

Saturday 15 February



#### **PROVIDE CPR**

\$95

#### **ADULT MENTAL HEALTH FIRST AID**



This accredited training will equip you with essential skills to support the mental health of those around you.

9am-12.30pm Sun 9 & 16 Februrary 9.30am - 4.30pm

#### WOODTURNING

Can you use a lathe and wood-turning tools? If you are an adult and would like to learn, this might be for you.

Tues and Thurs evenings 8 weeks 18 Feb until 13 Mar 5.30pm - 8.30pm



WEST AFRICAN **DRUM GROUP** 

Saturday 15 February

Join Ness for this beginners group and experience the joy that comes from putting together simple rhythms. BYO drum, or drum provided.

CREATIVE

4 wk course: 6-27 Feb 3 wk course: 20 Mar-3 Apr 5.30pm-6.30pm



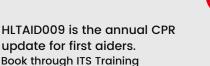
### CONTINUE ACRYLIC PAINTING

\$180

Start something new or bring along your unfinished acrylic painting for expert guidance with Marilyn.

Starts: Friday 7 February

1pm - 3.15pm



HLTAID009 is the annual CPR update for first aiders.

www.its.vic.edu.au or 1300 585 866